

# REPORT



**SRI ARUNODAYAM**  
Home for Mentally Challenged Destitute

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OUR CHAMPIONS! THEY ARE OVERCOMERS IN EVERY SENSE OF THE WORD.

SEPTEMBER 2016

## Our little champions do us proud in a celebrated sporting event in Chennai

### A Special Event for Special Children

Yesterday (September 22, 2016), our little champions did us proud yet again! The Tamil Nadu Special Children's Sports Academy in Chennai organizes a Sports Meet every year in which all the special schools and organizations take part. This is the 10<sup>th</sup> annual event conducted so far.

The event raises awareness in society about the gifts and abilities of special children. This year, 20 schools and organizations like Sri Arunodayam participated and the children enjoyed an exciting day out, showing off their talents and feeling very important.

### True Sportsmanship is about never giving up

We sent 20 of our children for the event (8 girls and 12 boys), together with their teachers and caregivers.

From the break of dawn the children were eager to get moving. They love

sporting events and look forward to them with much excitement. We always encourage them to participate because it is very good for their overall development and morale.

There were running and assisted walking events for 30, 50, and 100 meters distance and our children surprised us by bagging 13 gold, 6 silver and 1 bronze medals overall! Absolutely delighted with their performance, they strutted around the field basking in the recognition, and the warm sun.

### What we believe

Especially for special children, sports is a wonderful way to get them interested in what is happening around them. It encourages them to move (so its good exercise), sharpen their sensory perceptions as they interact with others, and learn to strive towards their goals. When appreciation and encouragement is added to the list, there's really nothing that can stop them. We are witness to this every day!

